



EXPRESS HEALTH EVALUATION

Fundamental Comprehensive Evaluation



What is its purpose?

Quick and comprehensive assessment of key health indicators.



Targeted at:

Individuals seeking a prompt medical examination, with results available within one day.

- Secure digital results
- Guaranteed confidentiality

Studies:

- Complete blood count
- Erythrocyte sedimentation rate
- AST
- ALT
- Total Cholesterol
- Triglycerides
- Urea
- Creatinine
- Glucose
- VDRL
- HIV
- TSH
- Basic Urine test



ATHLETE PROFILE

Comprehensive evaluation of physical performance and metabolic regulation

Studies:

- **Comprehensive vitamin profile:**

Vitamin D, B12, folate, iron, ferritin, transferrin, zinc.

- **Hormones:**

TSH, Free T4, Testosterone
Cortisol Morning

- **Muscle biomarkers:**

CK Total, LDH

- **Metabolism:**

Glucose, Hemoglobin A1c

- **Hepatic and renal function**

AST - ALT
Alkaline phosphatase, GGT, urea, and creatinine

- **Lipid profile:**

Total Cholesterol, C-HDL, C-LDL,
C-VLDL, TG
Total lipids

- **Complete blood count:**

Basic urine test

! Targeted at:

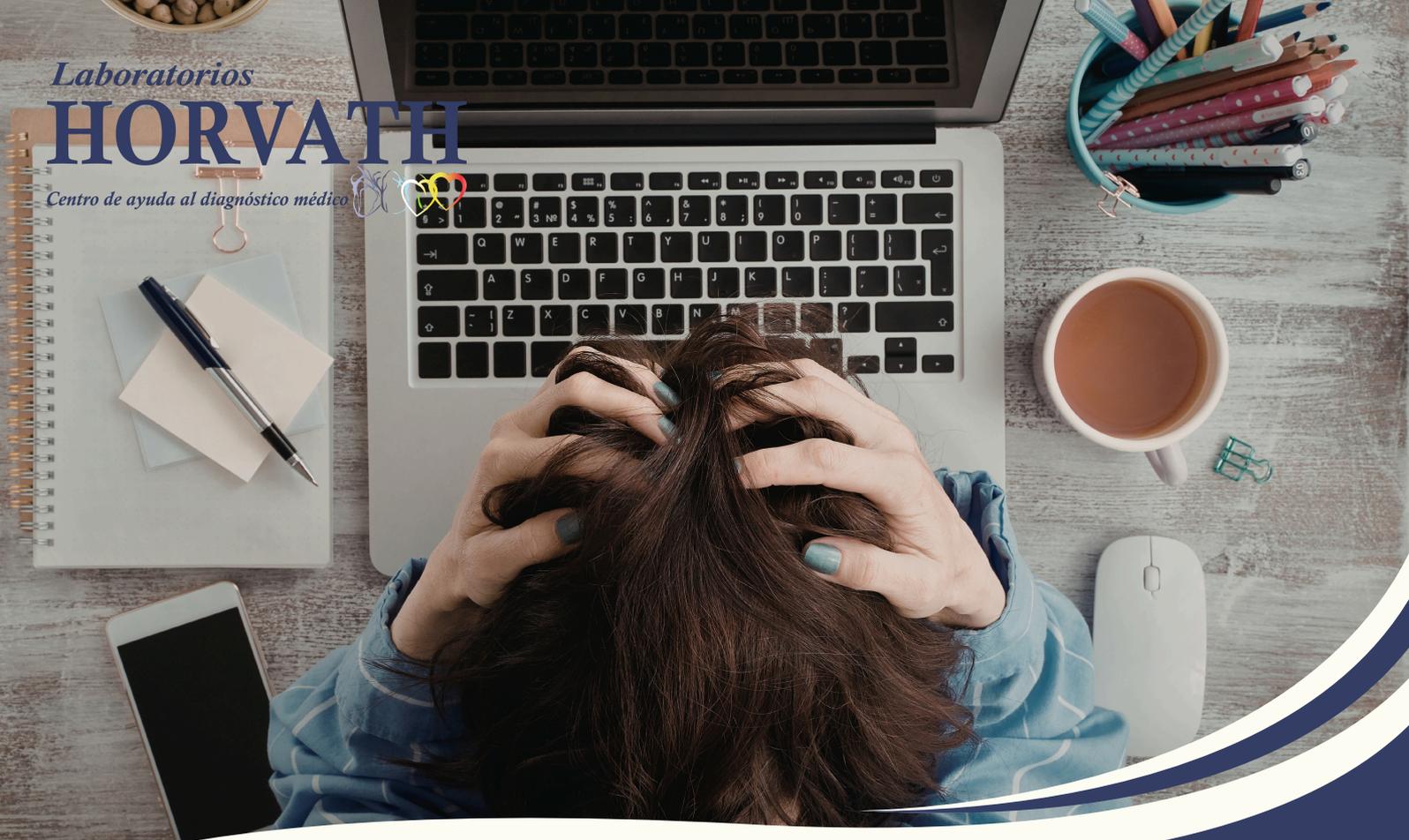
Professional and Amateur Sports Competitors.
Preparing for competitions is essential.

- *Secure digital results*
- *Guaranteed confidentiality*

Laboratorios

HORVATH

Centro de ayuda al diagnóstico médico



STRESS MANAGEMENT PROFILE

Comprehensive evaluation of physical and mental performance

Studies:

- Complete blood count
- DHEA-SO4
- Cortisol Morning
- Cortisol Evening
- TSH
- Ft4
- Prolactin
- ACTH Morning
- ACTH PM

! Targeted at:

Individuals who are dealing with significant fatigue, insomnia, anxiety, or the risk of burnout.

- *Secure digital results*
- *Guaranteed confidentiality*



COMPREHENSIVE VITAMIN AND NUTRITIONAL PANEL

Identify deficiencies and enhance your energy.

Studies:

Mineral Composition

- Total Calcium
- Magnesium
- Phosphorus
- Zinc

Proteins and reservations

- Total proteins
- Albumin
- Iron
- Ferritin
- Transferrin

Vitamins and Hematological Foundations

- Complete blood count
- Vitamin D
- Vitamin B12
- Folates



Nutritional Deficiencies: Key Considerations for Different Diets
Relevant for:

- Bariatric surgery patients
- Vegans - Vegetarians

- *Secure digital results*
- *Guaranteed confidentiality*



PRESURGICAL CHECK-UP

Preoperative clinical assessment

Studies:

Hematological and metabolic assessment:

- Complete blood count
- ESR
- PCR
- Glucose
- Basic urine test
- Blood type
- Coagulation Panel
- Urea
- Creatinine
- AST-ALT
- Electrolytes



Targeted at:

Patients Getting Ready for
Surgical Procedures

- *Secure digital results*
- *Guaranteed confidentiality*



PREMIUM FEMALE HEALTH

Comprehensive Women's Health Assessment

Studies:

General and metabolic evaluation:

- Complete blood count
- ESR
- Glucose
- HbA1c
- Lipid Profile
- Uric Acid

Liver and renal function

- Liver function test
- Gamma-glutamyl transferase
- Kidney profile
- Total Proteins and A/G Ratio

Hormonal Profile

- TSH, Free T4
- Free T3
- FSH
- LH
- Estradiol

Cancer biomarkers and autoimmune disorders

- CEA
- CA 15.3
- CA 125
- CA 19-9
- ANA Hep 2

Infectious Diseases and Microbiology

- VDRL
- HIV
- Urine Culture Test
- Vaginal Secretions Culture

! Targeted at:

Women seeking a premium preventive health assessment

- Secure digital results
- Guaranteed confidentiality



WOMEN'S HORMONAL BALANCE

Comprehensive Evaluation of Female Hormonal Balance

Hormonal profile:

- Estradiol
- FSH
- LH
- Progesterone
- Prolactin
- Testosterone
- DHEA S04
- Androstenedione

Studies:

Metabolic Assessment:

- Glucose
- Insulin
- HOMA-IR Index

General Evaluation:

- Complete blood count and erythrocyte Sedimentation Rate

Clinical Focus:

- Reproductive health
- Menstrual cycle disorders
- Polycystic Ovary Syndrome (PCOS)
- Perimenopause and Menopause
- Endocrine imbalances



Targeted at:

Women facing menstrual irregularities, dealing with acne, planning for pregnancy, or in need of thorough hormonal management.

- *Secure digital results*
- *Guaranteed confidentiality*



COMPREHENSIVE PRENATAL PROFILE

Comprehensive Pregnancy Evaluation and
Infection Screening

Studies:

Hematological and metabolic assessment:

- Complete blood count
- Blood group
- Glucose
- HbA1C
- Calcium - Magnesium
- Kidney function profile
- Liver function profile
- Lipid profile analysis
- Uric acid
- Vitamin D
- Folate

Infectious Disease and Prenatal Screening

- TORCH Panel
- VDRL
- Urinalysis and Urine Culture
- Vaginal Secretion Culture
- Chlamydia
- Ureaplasma
- Mycoplasma

! Targeted at

Pregnant individuals at any stage of their pregnancy, with particular emphasis on the early stages of prenatal care.

- *Secure digital results*
- *Guaranteed confidentiality*

Laboratorios

HORVATH

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ELITE MALE HEALTH

Comprehensive Male Assessment for Cardiovascular, Metabolic, Hormonal, and Prostate Health.

Hematological and metabolic assessment:

- Complete blood count, erythrocyte sedimentation rate
- Lipid assessment
- Uric Acid
- Kidney profile
- Liver Profile - Gamma-Glutamyl Transferase
- Glucose
- HbA1c

Studies:

Hormonal and prostate assessment

- Vitamin D
- ANA HEP 2
- Total Testosterone
- Free Testosterone
- Prostate-Specific Antigen (PSA) Total
- Prostate-Specific Antigen (PSA) Free
- Basic urine test

Tumor markers:

- CEA
- CA 19-9
- *Secure digital results*
- *Guaranteed confidentiality*



Targeted at:

Men seeking comprehensive preventive care to optimize energy, performance, cardiovascular health, and prostate wellness.



BASIC STI PROFILE

Fast, confidential, and preventive screening for sexually transmitted infections

Studies:

Infectious serology testing:

- VDRL
- FTA ABS IGG
- FTA ABS IGM
- Hepatitis B
- HIV

! Targeted at:

Individuals who are sexually active and in need of a preventive, quick, and confidential check-up, whether for routine purposes or prior to beginning a new relationship.

- *Secure digital results*
- *Guaranteed confidentiality*



EXTENDED MALE STI PROFILE

Comprehensive and confidential screening for sexually transmitted infections

Studies:

Infectious serological testing

- VDRL
- FTA ABS IGG
- FTA ABS IGM
- HIV
- Hepatitis B
- Hepatitis C
- Herpes simplex virus type 2 IGG
- Herpes Simplex Virus Type 2 IGM

Recurrent infections

- Chlamydia Antigen
- Neisseria gonorrhoeae
- Candida species
- Trichomonas vaginalis
- Ureaplasma
- Mycoplasma
- Urine Culture
- Culture of Biological Fluids



Targeted at:

Men seeking a comprehensive, confidential, and preventive screening to protect their own health and that of their partner.

- *Secure digital results*
- *Guaranteed confidentiality*



EXTENDED FEMALE STI PROFILE

Comprehensive Preventive Sexual Health
Evaluation for Women

What does it assess?

- Regular and less frequent screenings for sexually transmitted infections, even during asymptomatic periods.

Studies:

Microbiology

- Chlamydia Antigen
- Neisseria gonorrhoeae
- Candida species
- Trichomonas vaginalis
- Ureaplasma
- Mycoplasma
- Urine Culture
- Vaginal Secretion Culture

Infectious serological testing

- VDRL
- FTA-ABS IgG
- FTA-ABS IgM
- HIV 1/2 Antigen/Antibody
- Hepatitis B
- Hepatitis C
- Herpes Simplex Virus Type 2 (HSV-2) IgG
- Herpes Simplex Virus Type 2 (HSV-2) IgM



Targeted at:

Women seeking comprehensive and confidential sexual health screening, whether as part of routine care or due to symptoms.

- *Secure digital results*
- *Guaranteed confidentiality*